



Tuesday September 24, 2019

Read the feature topic on screen time in today's ED! Magazine and complete some of the activities below.



- List some examples of 'screen time'.
- What is it about screens that interferes with sleeping?



- What are some positive benefits of screen time?
- Make a list of five screen-free activities you enjoy and five screen time activities you enjoy, then compare your list with your classmates. When you find an activity that is not on your list, ask some questions to find out more about it. Can you find two new activities that you would like to try?



- Investigate your own screen time:
 - Make an estimate about how long you spend on screen time on a non-school day as well as how long on a school day.
 - List every form of screen-time you used, and the approximate duration of each activity, for a recent non-school day. Then do the same for a recent school day.
 - Compare your results to your estimates. Did you over or under estimate? Are you surprised by your results?
 - Compare your school and non-school day. Is the type of screen time you engage in similar or different? Why do you think that is?
- Visit the Nature Play WA activity finder website mentioned in the article and enter your age group for some activity suggestions. Find three that you would like to try out alone, with your family or with friends.



- Imagine you were interviewed for this article. Write your response to the three questions asked to Helena College students. How do your responses compare to those in the article?
- Do you have any games or apps that you find addictive? In pairs, brainstorm some strategies to allow you to continue using the games and apps you enjoy without being sucked in for longer than you wanted.



- Design some radio advertisements encouraging people to avoid excessive screen time. Make one advert aimed at school age children and another aimed at parents. How will your adverts be different for these different target audiences?



- *The West Australian* is available both as a hard copy and a digital copy. List some pros and cons to both formats, then decide whether you would prefer to read the news on a screen or on paper.

Join *The West's* Media Education team in our aim to create a media-savvy generation.

Online Media Education activities are designed to enable students to become critical consumers of news. Through completing the activities, students will develop the skills to consider, question, inquire and challenge reported news stories. Media Education encourages students to be informed citizens of global issues considering multiple perspectives before generating their own ideas and opinions.



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Read the stories in ED! Magazine's *NEWS FLASH* column and complete some of the activities below.

PM would visit China



- Where is the Prime Minister visiting?



- Who is Australia's Trade Minister?

- Find the meaning of the word 'vexing'.



- In pairs, discuss why it might be important for our PM to visit other countries and meet with their government leaders.

- Add speech or thought bubbles to the photograph that match their expressions.

World climate protest



- How many people attended the protests across Australia?

- What was the aim of the protest?

- Did anyone in your class attend a protest? Can they share where it was, what happened there and how they felt?



- Do you think that large scale protests like this make a difference? Why/ why not?



- Look through your copy of *The West Australian* to see if there are any updates on this story, or other articles about climate change.